

What is domestic violence and abuse?

When someone in a close or domestic relationship tries to exert control and authority over the other through physical, emotional, sexual, or financial means, it is referred to as domestic violence or abuse. Any kind of personal relationship, such as one between a spouse or partner, parents and children, siblings, or other family members, may be affected by it.

Domestic violence and abuse takes many different forms such as: Physical abuse, Emotional or psychological abuse, Economic abuse, Sexual abuse, and Digital Abuse

Domestic violence and abuse can have serious physical and emotional consequences for the victim, including physical injury, depression, anxiety, and low self-esteem. It's important to seek help if you or someone you know is experiencing domestic violence or abuse.

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Domestic violence and abuse takes many different forms, including:

- Physical abuse
- Emotional or psychological abuse
- Economic abuse
- Sexual abuse
- Digital abuse

The consequences of domestic violence and abuse can be severe for the victim, leading to physical injury, depression, anxiety, and low self-esteem. Seeking help is crucial if you or someone you know is experiencing domestic violence or domestic abuse.