



## Vishal

## Married a girl with mental health issues who was violent and refusing treatment

- Vishal, 33, sought assistance after 3 years of marriage, initial year was good, but 2nd year onwards the marriage fell apart
- Wife's behaviour shifted, becoming irritable and emotional
- Despite a mood disorder diagnosis, counselling, and medication attempts, her anger and violent tendencies escalated
- Refused treatment, unpredictable & aggressive behaviour, including a public assault on Vishal, leaving him fearful
- Home-related challenges took a toll on Vishal's job, leading to a decline in work attendance and eventual job loss.
- Recognizing the need for his wife to seek help and realising the importance of peace for personal and professional growth, Vishal filed for divorce

## **How ISF helped him**

- · Assisted Vishal in documenting his case and connected him with a lawyer
- Discovered that his in-laws had concealed his wife's mental health issues during the marriage discussion process
- Despite significant trauma, Vishal committed to supporting his wife's treatment & providing financial assistance after separation
- The divorce proceedings are nearing completion, & Vishal is anticipating a fresh start soon
- ISF facilitated the connection with a counsellor specializing in supporting male survivors of domestic violence for Vishal